



Success Story

Steps Toward Independence



Rubi's change came from a practical need due to her husband's uncertain income. In **May 2022**, she joined Animedh Charitable Trust as an artisan after learning tailoring.

This small step has provided her with a steady monthly income of **₹20,000**, allowing her to contribute to her household and enrol her children in a better school.

Rubi now feels a sense of control and stability, saving regularly and planning for a secure future. Her journey illustrates a shift from uncertainty to stability, achieved step by step



A Season of New Beginnings

What's New This Quarter

This quarter, while being the final one of the financial year, marked important steps forward in strengthening our programs going into the new financial year. We launched a **drop-in centre** to create safe community spaces for our at-work artisans' children, and introduced an **advanced techniques program** to enhance artisan skills. Our DNH programs were strengthened with the onboarding of a **dedicated social worker to improve access to social protection services and welfare schemes for the underserved tribal families**

We were also proud to be **featured in the Azim Premji Foundation's Stories of Change Challenge ([read here](#))** recognizing the impact of our work.

Impact at a Glance

₹24.5L+

Income Generated by Artisans under Livelihood Programs

490

youth wellbeing improved through mental health initiatives

4,232

households supported for Nutrition and Health

708

children supported through early childhood interventions





Impact Reporting

Every contribution helps us build stronger, healthier communities. Here's a snapshot of our work across livelihoods and health programs this quarter.

LIVELIHOOD PROGRAMS

This quarter, ACT focused on strengthening both the skills and well-being of women artisans through technical workshops to improve production efficiency, along with workshops on mental well-being and financial awareness. Artisans were also supported in accessing government-backed social security benefits, helping build greater long-term security.

Quarter Highlights

- **1,42,154** pieces produced
- **₹24,55,120** income generated by **144** artisans

Through consistent opportunities and capacity-building support, artisans continue to move towards greater competence and confidence, giving them greater agency and improving their families' financial stability.

HEALTHCARE PROGRAMS

Quarter Highlights: Improving Maternal & Child Health and Nutrition:

- **100%** Maternal Early Registration within the first **12** weeks of pregnancy, critical for a healthy child birth
- **9%** improvement in healthy HB levels compared to a year ago, but **50%** prevalence of anaemia is a challenge
- Universal Growth Monitoring: Reaching **96%** coverage for child anthropometry (measurement of height and weight).
- Health Outcomes: **22%** improvement in children born with healthy birth weights (>2.5kg) compared to a year ago.





Project Mantrana

Strengthening Community Mental Health

Case Story: Overcoming Emotional Trauma through Timely Support

Aarti (name changed), a reserved 21-year-old from Khanvel, experienced severe emotional trauma after her 2-year live-in relationship abruptly ended when her partner abandoned her for another woman. This deeply affected her mental health, leading to physical collapse and multiple hospitalisations. Aarti completely withdrew from her surroundings and stopped communicating. Her mother reached out to the Mantrana mental health worker (MHW) for urgent psychosocial assistance. The MHW visited Aarti to provide supportive counseling, reassurance, and coping strategies to help her process the trauma. Through this vital intervention and ongoing family care, Aarti is gradually recovering and rebuilding her life.

Project Nanhe Kadam

Supporting Early Childhood Development

Diya was born prematurely in the 7th month of pregnancy, weighing only **1.684** kg at birth. Due to her premature birth, she spent two months in the hospital. As she grew older, her family noticed delays in her mobility and physical development. At **2 ½** years, Diya was unable to stand or walk independently.

Through the home-based intervention of our CDA, Diya and her family were continuously supported with assessments, therapies, referrals for splints and caregiver training.

With the support of the splints, Diya now practices balance using a bamboo support stick at home. Diya is gradually moving toward greater mobility and independence.



Baseline and endline surveys completed for 437 adolescents and youth

- Key trends identified: academic pressure, family conflict, and loneliness.
- Meaningful improvements were found in **mental health literacy, confidence in expressing emotions, and awareness of available support services.**

Community Engagement

This quarter, we strengthened community connections through Women's Day celebrations and participation in TMM, creating spaces for awareness, interaction, and shared learning.





A Story of Hope and Recovery

During a routine home visit in Amboli Manipada, our Community Health Worker met a young mother caring for her severely undernourished infant. The child showed clear signs of Severe Acute Malnutrition (SAM), while the family had limited access to nutrition support and healthcare services.

Through regular counselling, home visits, and guidance on feeding practices, breastfeeding, hygiene, and nutrition, the mother gradually began adopting healthier practices for her child. She was also connected to government nutrition services for additional support.

After six consistent follow-up visits, the child showed significant improvement, gaining weight, becoming more active, and transitioning from Severe Acute Malnutrition to Normal.

With heartfelt gratitude,
We thank our donors, volunteers, interns,
and all stakeholders who make this work
possible.



From the Field Hasina, Director - Early Childhood Development & Disabilities

On Women’s Day 2018 in Dadra Nagar Haveli, a visit to a Warli tribal community became the beginning of a long journey.

What emerged from listening to women:

- children dropping out after Std. 8
- lack of support for children with disabilities
- cycles repeating across generations

There was a clear gap between need and access. That single visit led to the emergence of two key programs:

- Nanhe Kadam (0–6 years): Early Childhood Development & Disabilities
- Mehek (7–13 years): Community Mental Health Services

7 years later, ACT’s work has expanded to include adolescent youth mental health, early childhood development and disabilities, maternal and child health and nutrition, driven by trained women from the community.

👉 Read the full story here: [link](#)



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Ready to help? A donation today helps us continue building livelihoods, supporting mental health, and improving child nutrition. Every contribution creates a meaningful impact.

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