

# ANIMEDH CHARITABLE TRUST



Change doesn't always arrive loudly. Sometimes, it shows up quietly, in a woman completing her first paid order, in an adolescent returning to school with renewed confidence, or in a mother learning how to nourish her family better.

This quarter, Animedh Charitable Trust worked closely with communities across Mumbai and Dadra & Nagar Haveli, supporting women to earn with dignity, creating safe spaces for mental well-being, strengthening early childhood development, maternal and child health and nutrition.

What follows are stories and milestones that reflect steady progress, deep partnerships, and the belief that lasting change is built step by step, together. Thank you for being part of this journey.

**1,574**  
households supported through mental health care

**19**  
volunteers strengthening nutrition initiatives

**280**  
children with typical growth records

**183**  
women artisans earned  
**₹29 lakhs**  
Avg. artisan's earnings:  
₹15,846 per quarter

ACT IMPACT

JULY- SEPTEMBER 2025 QUARTER

# PROJECT UPDATES

## ARTISANS' SOCIO-ECONOMIC EMPOWERMENT



This quarter was a milestone for ACT's women artisans in Mumbai's urban slums. Through partnerships with sustainable fashion brands and CSR organizations, **183** trained artisans successfully executed high-volume festive orders, meeting tight deadlines with precision and pride. Beyond income generation,

ACT strengthened holistic support by organizing health camps, financial savings initiatives, and skill-building workshops. Artisans were also connected to government welfare schemes, reinforcing long-term security alongside immediate earnings.

In the JAS quarter, **183** artisans earned around ₹29 lakhs through festive orders, involving tailoring, embroidery, handwork, quality checks, and tight deadlines.

### Finding Freedom Through Livelihood: Shama's Story

After escaping an abusive marriage, Shama joined ACT's income generation program with little more than determination. Through skill-building and steady work, she rebuilt her confidence, one stitch at a time.

Today, she is among ACT's top-earning artisans, standing independent and empowered.

**Shama's monthly Avg earnings ₹19,000/-**



**FEARLESS, FIERCE & FABULOUS**

# PROJECT MANTRANA



## MENTAL HEALTH BUILDING SAFE SPACES FOR YOUNG MINDS

Project Mantrana focuses on strengthening community mental health among adolescents, youth, and women across five villages in Khanvel panchayat of Dadra & Nagar Haveli, a tribal district. ACT's Community Mental Health Workers are laying the foundation for long-term mental health and emotional well-being as they work toward building emotional safe spaces, creating promotive and preventive mental health practices within the vulnerable adivasi community.



*This quarter, 1,574 households were reached & 691 adolescents were supported through group wellness sessions. The onboarding of Clinical Psychologist Ms Riya strengthened assessments, counselling, and follow-up care, particularly for adolescents navigating vulnerability.*



### \* AKSHAY'S JOURNEY OF HOPE

Through Mantrana, Akshay, once withdrawn after a disability forced him out of school, received a new wheelchair, medical support, and re-admission to school.

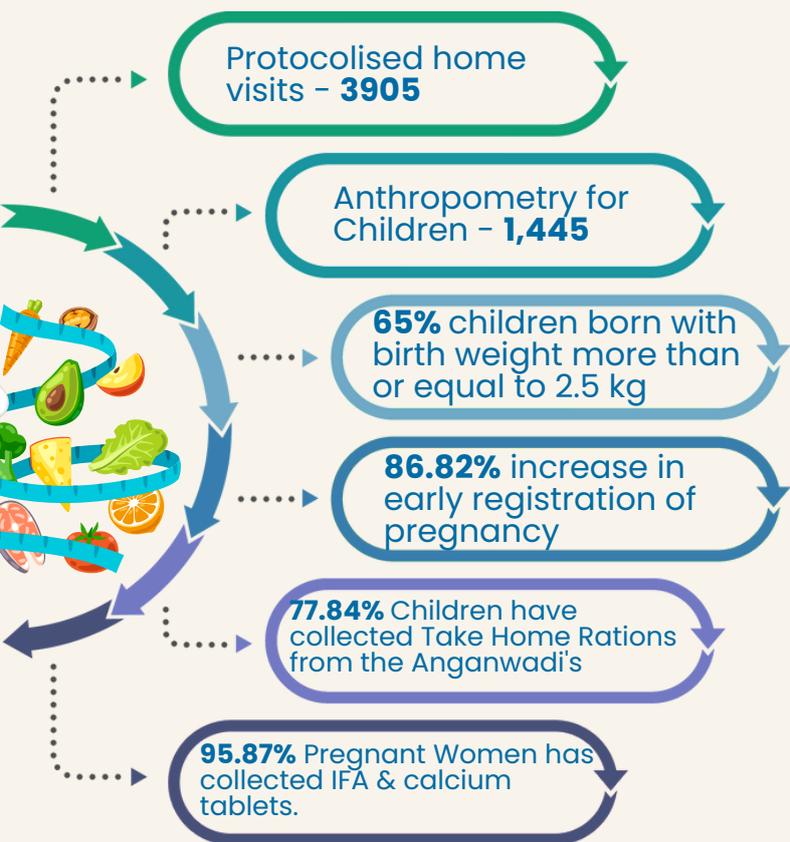
Today, he's learning again, singing again, and dreaming again.

\*Names and identifying details have been changed to protect privacy. Stories reflect real experiences.

# POSHAN KI DISHA

## MATERNAL & CHILD HEALTH AND NUTRITION:

Poshan ki Disha continues to combat maternal and child malnutrition across DNH & DD by strengthening frontline systems. This quarter saw consistent home visits, anthropometric assessments, and close coordination between ICDS and health departments.



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**Thank you to our donors, volunteers, interns, and all our stakeholders.**

Your support, in every form, powers the work we do and the change we strive to create together.



Your contribution, big or small, directly fuels education, livelihoods, mental health support, and MCH& nutrition programs on the ground.

**DONATE NOW**