

# October Newsletter

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## Top News

Our artisan became an International Conference Speaker in Italy!

### Meet Kalpana – A homemaker and now an International Conference Speaker

Introducing Kalpana, an exceptional embroidery artisan, and supervisor.

Recently, she had the incredible opportunity to address the audience at the renowned Oxfam Festival in Florence, Italy, alongside our strategic partner, I Was A Sari's Stefano Funari.

Their compelling discussion centered around the vital topic of women's emancipation. They were invited to an exhibition and people from different countries gave speeches.

She was initially filled with nervousness at the thought of speaking in front of such a large crowd. However, her hard work and determination bolstered her courage to share her story. She delivered her speech in Hindi, sharing her journey, work, and beginnings.

[Link to Kalpana's full story](#)





Under a mandate by the National Health Mission of the DNH division, Dr. Parvatraj and his team of social workers and psychologists, along with the ACT team conducted a session about the All India Program under NHM called Tele Manas Cell for Mental Health Assistance, which offers 24/7 Tele counseling services in DNH to the Adivasi children, youth, women and families through their toll-free number 14416. Several community members of DNH attended the session.

ACT, through its mental health and emotional well-being program, Mehek has been working since 2019 with children, youth, and women throughout the vulnerable Adivasi communities in DNH and has touched more than **2000** lives through mental health and well-being interventions.

## Project Mehek

- ACT's Mehek Project currently operates in 9 villages within Dadra Nagar Haveli. 15 local resource persons from within the community trained in community mental health work every week with the students. In Dec 2022, we launched a School Group Wellness Program at Kherdi Government School, District Panchayat with 127 children aged 7-13 years. This initiative has been made possible through the strong support and collaboration of the District Panchayat CEO and the school principal.

## Project NanheKadam

Project Nanhe Kadam is overjoyed to share that we've successfully trained and graduated 12 exceptional Community Health Workers (CHWs) under the Early Childhood Championship program (ECC).

**Our total field staff on ground in the adivasi villages of DNH comprises 33 members who cover more than 3500 families under these two projects.**

### School Group Wellness Program



Celebrating a Milestone in Early Childhood Development!





## Project Sahaj

On 21st June 2023, along with our donor partner's women employees, we organized a certificate distribution ceremony for graduated batches.

Our trainees enjoyed the day filled with fun activities, motivational films, and certificate distribution followed by lunch.

We are extremely thankful to the Donor CSR Team and all the participants for such a memorable experience for our beneficiaries.

### ACT TO MAKE A DIFFERENCE



"Join us in spreading joy and warmth this upcoming festive season! As we prepare to celebrate, let's not forget those in need, especially children, youth, and women across the nation. Your generous donations and support will light up their holidays and empower them for a brighter future. Together, we can make this festive season truly magical for all. Give the gift of hope and happiness, and let's make a difference!"

**Greetings for the Festive season ahead!"**

## We are now POSH Compliant

Animedh Charitable Trust is now POSH compliant. We organized a Preventive of Sexual Harassment at Workplace (POSH) awareness workshop with the artisans, staff, and our stakeholders.

Our mentor and external POSH mentor Pratima Hajare conducted this session explaining the details:

Understanding the meaning of harassment and how to prevent it

- Protecting yourself from harassment
- Creating a safe workplace
- We pledge to create a safe working environment for our women artisans, and this is a major step towards this objective.



*Thank You*

